



METC DEGREE PLAN

ASSOCIATE OF SCIENCE IN LIBERAL ARTS & SCIENCES NUTRITION AND DIET THERAPY

Course Dates: 10/19/2020 - 3/31/2028

DEGREE REQUIREMENTS	REQUIRED CREDITS	CREDITS AWARDED IN TRANSFER	
		A	AF
ENG 101 Composition I	3		
ENG 103 Composition II	3		
ENG 102 Introduction to Reading Literature	3		
SUNY General Education in Natural Sciences	8		
SUNY General Education Math	6-8		
SUNY General Education course in U.S. History or World History	3		
SUNY General Education Oral Communications	3		
CSC 135 Core Excel	1		
SUNY General Education course in The Arts or World Language	3		
HPE Health & Physical Education Electives	2		
Choose 1 of the following: PSY 100 Intro to Psychology or SOC 100 Intro to Sociology	3		
Mathematics or Natural Sciences: 1 course at the 200 level or an additional sequence	8		
General Electives	12	10	10
First Year Experience	3		
TOTAL	61-63	10	10

CREDITS AWARDED IN TRANSFER - NUTRITION & DIET THERAPY: 10 CREDITS

NUTR 1101 Introduction to Nutrition & NUTR 1302 Human Nutrition - 4 credits
NUTR 2205 Army Nutrition Field Operations & NUTR 2204 Nutrition for Performance Optimization & NUTR 1203 Applications in Human Nutrition - 6 credits (Army)
NUTR 1304 Food Productions & NUTR 2305 Nutrition Operations - 6 credits (Air Force)

A = Army AF = Air Force