



METC DEGREE PLAN

ASSOCIATE OF ARTS IN LIBERAL ARTS & SCIENCES NUTRITION AND DIET THERAPY

Course Dates: 10/19/2020 - 3/31/2028

DEGREE REQUIREMENTS	REQUIRED CREDITS	CREDITS AWARDED IN TRANSFER	
		A	AF
ENG 101 Composition I	3		
ENG 103 Composition II	3		
ENG 102 Introduction to Reading Literature	3		
SUNY General Education in Natural Sciences	3-4		
SUNY General Education Math	3		
SUNY General Education U.S. History	3		
SUNY General Education World History	3		
SUNY General Education Oral Communications	3		
Core Word, Core Excel, Powerpoint	3		
SUNY General Education The Arts	3		
SUNY General Education World Languages	3		
SUNY General Education Diversity, Equity, Inclusion	3		
HPE Health & Physical Education Electives	1		
Choose 1 of the following: PSY 100 Intro to Psychology or SOC 100 Intro to Sociology	3		
Choose 1 Capstone Course of the following: COM 230, ENG 213/THE 213, HIS 261, HIS 265, PHL 205	3		
General Electives	12	10	10
Choose 1 First Year Seminar Course	3		
Liberal Arts & Sciences Designated Course	3		
TOTAL	61	10	10

CREDITS AWARDED IN TRANSFER - NUTRITION & DIET THERAPY: 10 CREDITS

NUTR 1101 Introduction to Nutrition & NUTR 1302 Human Nutrition - 4 credits
NUTR 2205 Army Nutrition Field Operations & NUTR 2204 Nutrition for Performance Optimization & NUTR 1203 Applications in Human Nutrition & NUTR 1304 Food Productions & NUTR 2305 Nutrition Operations - 6 credits (Army)
NUTR 1304 Food Productions & NUTR 2305 Nutrition Operations - 6 credits (Air Force)

A = Army AF = Air Force