



DON'T LET HUNGER GET IN THE WAY OF YOUR GOALS.



IF YOU ARE HAVING TROUBLE AFFORDING THE FOOD YOU NEED TO FEED YOURSELF OR YOUR FAMILY, SNAP MAY BE ABLE TO HELP.

SNAP provides money on an EBT card that you can use to buy groceries at local stores. **Going to school should never mean having to go hungry.** Find out if you are eligible for SNAP.

WAYS TO GET HELP:

1. Apply online at MyBenefits.NY.gov
2. The Nutrition Outreach and Education Program (NOEP) can help you learn if you may be eligible for SNAP. NOEP can also help you complete and submit your application. Find your local NOEP coordinator at FoodHelpNY.org

