



## Free Retirement Planning Resources

In addition to the abundance of resources available by phone or web, NYS-Balance also provides valuable supplemental materials aimed at making retirement planning less complicated.

A free book and CD are yours to claim. NYS-Balance offers you a copy of the popular book, "Too Young to Retire," which provides inspiring ideas for starting the rest of your life, as well as a "Retire Happy" compact disc. Both of these resources provide practical strategies for a great retirement. Call or log on to the website to order these educational materials.

# Retirement Planning — *Less Complicated*

After a long career, planning for retirement shouldn't be work. NYS-Balance wants to make it easy. Regardless if your retirement is around the corner or down the road, it helps to have an idea of what you are working toward.

How active do you plan to remain? Retirement can be an opportunity for a second career or work as a volunteer. Let a qualified NYS-Balance consultant research possible ways to stay active in retirement or locate places to live that are close to the things you enjoy. Are you financially prepared to retire? Log on to the NYS-Balance website to read articles or use the online financial calculators. Whatever your retirement plans, NYS-Balance can help take the work out of getting there.

Additional resources are available through your NYS Employee Assistance Program (EAP). For more information about EAP and other Work-Life Services benefits, please visit [www.worklife.state.ny.us](http://www.worklife.state.ny.us).

David A. Paterson, Governor,  
State of New York

Gary Johnson, Director,  
Governor's Office of Employee Relations



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