Lower-Division Major Requirements

SUNY transfer paths outline the knowledge and skills that are essential for students to complete during their first two years of study for a major in a given discipline. The coursework described below will meet degree requirements at all SUNY campuses offering majors in the above discipline. If you complete this coursework successfully, you will be well-positioned to finish your degree with an additional two years of study at your SUNY transfer college.

Use this transfer path to discover both courses related to your major and general education requirements that will prepare you for transfer. Click on each course to view a course description. Then, to map your first two years of courses, visit Planning Your Coursework.

The courses below are specifically related to your field of study and are part of the requirements for graduation in your major:

- **Anatomy and Physiology I (with lab) and Anatomy and Physiology II (with lab)**
  - Required for junior status when transferring to SUNY Cortland.

- **Survey of Anatomy and Physiology (with lab)**
  - For students transferring to SUNY Brockport, junior status can be achieved by taking either Survey of Anatomy and Physiology or Anatomy and Physiology I & II (total credits not to exceed 8).

- **6 Credits of Activity/Performance courses.** Activity/Performance courses should cover the fundamental skills required to perform the sport/activity as well as cognitive concepts about the sport/activity in terms of rules, strategies and/or etiquette. In addition, methods for teaching and assessing such activities should be included in the course (e.g. playing on a college team does not meet this requirement). Examples include but are not limited to:
  - Rhythms and Dance
  - Group Fitness Activities
  - Lifetime Activities
  - Outdoor Education Activities
  - Volleyball
  - Basketball
  - Pickleball
  - Team Handball
  - Track and Field
Lower-Division Major Requirements (continued)

- **9 Credits of content and/or Professional Courses**
  - Content courses represent the *defined domain of knowledge* in the academic major of physical education. They are broad in scope and address the foundation knowledge of the discipline. Examples include but are not limited to:
    - Motor Development
    - Motor Learning
    - Kinetics
    - Psychology of Sport
  - Professional courses focus on *pedagogical content knowledge* (knowledge about teaching in the discipline and how to teach the content to learners). Examples include but are not limited to:
    - Health and Fitness Concepts and Activities
    - Methods in Early Childhood
    - Coaching
    - Care and Prevention of Athletic Injuries

*Advising Notes*

There may be additional courses in your major which would transfer, or courses which could be substituted for one of the above. These may be established on a case by case basis. Please see an advisor at your transfer campus to explore those options.
General Education courses are related to key academic disciplines and may be outside your field of study. To earn a SUNY bachelor’s degree, you must earn 30 credits in at least seven of the following ten skill areas, and demonstrate two competencies. For AS programs in Engineering, students must satisfy five of the following ten skill areas.

Skill Areas:

- Basic Communication (required)
- Mathematics (required)
- American History
- Other World Civilizations
- Foreign Language
- Social Sciences
- Humanities
- The Arts
- Natural Sciences
- Western Civilization

Competencies:

- Critical Thinking (required)
- Information Management (required)

General Education requirements vary by campus and by major. However, if you satisfy the SUNY General Education Requirement (SUNY-GER) area at one campus with a grade of C or higher, you will have met that SUNY-GER area at every other SUNY campus. Visit Campus Requirements to determine the skill areas required by each campus and the courses available within those areas.

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