For Employees of the State of New York who are in Negotiating Units that do not have agreements/awards with New York State effective October 1, 2011 or later, their enrolled Dependents, COBRA Enrollees with their NYSHIP Benefits and Young Adult Option Enrollees. (Check with your agency Health Benefits Administrator (HBA) or union if you are uncertain.)

Thinking about changing your health insurance option?

During the Option Transfer Period, you may change your health insurance option for the next plan year:

- from a NYSHIP HMO to The Empire Plan,
- from The Empire Plan to a NYSHIP HMO, or
- from one NYSHIP HMO to another NYSHIP HMO that has a NYSHIP service area where you live or work.

NO ACTION IS REQUIRED IF YOU WISH TO KEEP YOUR CURRENT HEALTH INSURANCE OPTION AND STILL QUALIFY FOR THAT PLAN.

Need help choosing a plan?

In November, your agency will receive Choices for 2013, your guide to New York State Health Insurance Program (NYSHIP) health insurance options. If you are thinking about changing your option, ask your HBA for a copy and read the descriptions of plans in your area to compare and contrast the benefits important to you and your family.

The checklist in Choices will assist in your decision process. If you have questions, call the plan directly at the phone numbers listed in Choices. When 2013 rates are approved, information about the cost of each option will be sent to your agency, your home and will be posted at https://www.cs.ny.gov. From the homepage, choose Benefit Programs then NYSHIP Online and select your group and plan, if prompted. Rate information is posted under Health Benefits & Option Transfer. You will have 30 days from the date your agency receives the rates to change your option.
The upcoming months also are the time for you to make important decisions about your benefits related to the Pre-Tax Contribution Program (PTCP). The calendar and articles in this guide provide more information about deadlines and other benefits.

**Note:** Young Adult Option enrollees are not eligible for this program.

### Pre-Tax Contribution Program

Under the Pre-Tax Contribution Program (PTCP), your share of the health insurance premium is deducted from your wages before taxes are withheld, which may lower your taxes. You were automatically enrolled in PTCP when you became eligible for health insurance, unless you declined. Your paycheck shows whether or not you are enrolled in PTCP.

- If you are enrolled in PTCP, your paycheck stub shows Regular Before-Tax Health in the Before-Tax Deductions section.
- If you are not enrolled in PTCP, your paycheck stub shows Regular After-Tax Health in the After-Tax Deductions section. Your health insurance premium is deducted from your wages after taxes are withheld.

If you wish to change your PTCP selection for 2013, see your Agency Health Benefits Administrator and complete a health insurance transaction form (PS-404) by November 30, 2012.

**NO ACTION IS REQUIRED TO KEEP YOUR CURRENT PTCP STATUS.**

Under Internal Revenue Service (IRS) rules, if you are enrolled in PTCP, you may change your health insurance deduction during the tax year only after one of the following PTCP-qualifying events:

- Change in employee’s marital status
- Change in employee’s number of dependents
- Change in employment status of employee, spouse, or dependent that affects eligibility
- Dependent satisfies or ceases to satisfy eligibility requirements
- Change in place of residence or worksite of the employee, spouse or dependent
- Change in coverage under other employers’ plan
- COBRA events
- Judgment, decree or order
- Medicare or Medicaid eligibility
- Leaves of absences
- HIPAA special enrollment rights

Changes to coverage due to the above status changes must be consistent with the change in your family or employment. If you make a change in coverage not related to a qualifying event, your PTCP insurance deduction will not change.

Changes in coverage because of these qualifying events must be made within 30 days of the event (or within the waiting period if newly eligible), and delays may be expensive.

**Note:** A change in coverage is treated differently than a change in your pre-tax election. For example, if your only covered dependent became ineligible for coverage in June and notice of this qualifying event was not provided to your HBA until August (not within 30 days), the dependent will be removed retroactive to when first ineligible for benefits in June. Deductions will be changed to Individual only as of August and no refund will be issued.

### NYSHIP Option Transfer Period

During the Option Transfer Period, you may change your health insurance option for the next calendar year:

- from a NYSHIP HMO to The Empire Plan,
- from The Empire Plan to a NYSHIP HMO, or
- from one NYSHIP HMO to another NYSHIP HMO that has a NYSHIP service area where you live or work.
In November, NYSHIP enrollees in PTCP can make the following changes to their PTCP election/premium for the next plan year:

- Change your PTCP election
- Change from Family to Individual coverage, while your dependents are still eligible, when there is no qualifying event
- Change from Individual to Family coverage without a qualifying event (late enrollment provisions will be applied)
- Voluntarily cancel your coverage, while you are still eligible for coverage, when there is no qualifying event
- Enroll for coverage without a qualifying event (late enrollment provisions will be applied)

Important Dates

**October 2012**
- Flex Spending Account (FSA) enrollment: October 9 to November 9, 2012. Visit www.flexspend.ny.gov to enroll online, or call 1-800-358-7202 for more information.

**November 2012**
- PTCP enrollment: November 1 to November 30, 2012.
- Deadline for enrolling in FSA: November 9, 2012.
- NYSHIP Choices for active employees is sent to agencies. See your agency HBA for a copy of the Choices booklet that is applicable to your group or visit https://www.cs.ny.gov.
- Option Transfer information is posted at https://www.cs.ny.gov. Online option transfer is also available through MyNYSHIP.

**December 2012**
- Option Transfer Period deadline as announced in NYSHIP Rates & Deadlines.
- Young Adult Option open enrollment period.
- NYSHIP Rates & Deadlines is mailed to homes when rates are approved and posted online.
- New health insurance option effective date for Institution Payroll employees as announced in NYSHIP Rates & Deadlines.

**January 2013**
- FSA begins January 1, 2013.
- New health insurance option effective date for Administration Payroll employees as announced in NYSHIP Rates & Deadlines.

NYSHIP’s Young Adult Option

During the Option Transfer Period, eligible young adult children of NYSHIP enrollees can enroll in the Young Adult Option and current Young Adult Option enrollees will be able to switch plans. This option allows unmarried, young adult children up to age 30, to purchase their own NYSHIP coverage. The premium is the full cost for Individual coverage for the NYSHIP option selected. For more information on the Young Adult Option, go to https://www.cs.ny.gov/yao and choose your group.
As permitted under Civil Service Law, the negotiated changes to the NYSHIP premium contribution rates are being extended to employees retiring from State service on or after January 1, 2012. Those who retire on or after January 1, 2012 from a Salary Grade 9 title or below or from a position equated to Salary Grade 9 or below will pay 12 percent of the cost of Individual coverage and 27 percent of the cost of dependent coverage. Those who retire on or after January 1, 2012 from a Salary Grade 10 title or above or from a position equated to Salary Grade 10 or above will pay 16 percent of the cost of Individual coverage and 31 percent of the cost of dependent coverage. The State’s contribution to the cost of NYSHIP HMO coverage will continue to be capped based on the cost of Empire Plan coverage.