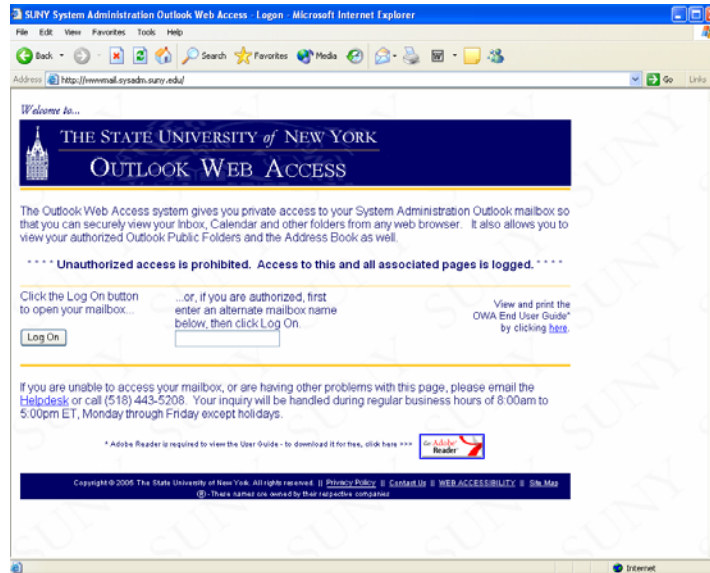


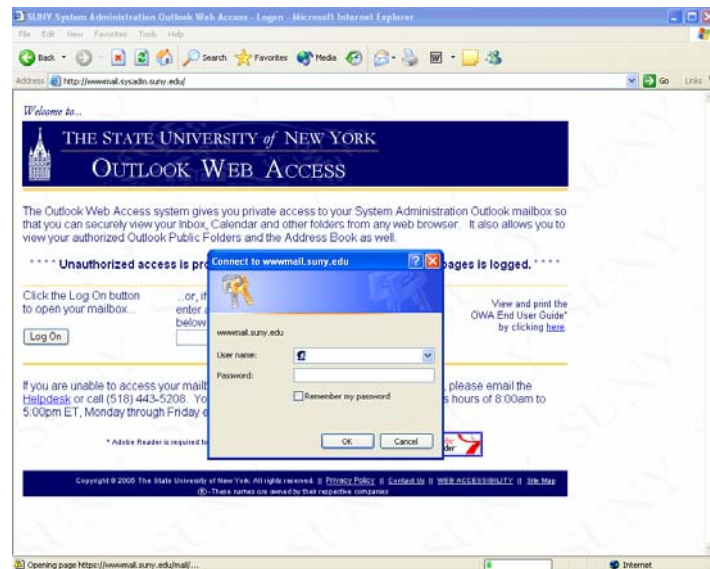


E-mail Access Via a Web Browser Outlook Web Access (OWA)

1. Open up your web browser (Internet Explorer, Netscape, or FireFox) and key wwwmail.sysadm.suny.edu into the address bar:



2. Click the Log On button to get to the following window.



3. In the User Name box type `SYSADMIN\username`, where username is your LAN ID. Then type in your password and click OK. This will bring you to your web based e-mail.
4. Be sure to click Log Off when you are done.